

Your family's home for  
Ear, Nose and Throat care.



**A**t Tejas Ear, Nose and Throat and Tejas Hearing Aid Center, we offer central Texas families first rate, evidence-based, medical and surgical care with an emphasis on excellent results. Our new modern facility has allowed us to expand our services and offer more comprehensive services under the same roof.

#### **TEJAS EAR, NOSE AND THROAT**

**Dr. Oscar A. Tamez**, a Board Certified, Adult & Pediatric Otolaryngologist/Head & Neck

Surgeon, has been practicing since 1998 and has held two faculty positions at two major training institutions. He finds no greater joy than improving the quality of life and health of families. Dr. Tamez treats patients of all ages and 50% of his practice is pediatric. It is highly recommended that every child get evaluated by the age of 5.

The vast majority of ailments that children and adults suffer from originate in the head and neck region. Most of us suffer from symptoms daily and tend to find

a myriad of reasons to explain their symptoms with the primary assumption being "allergies" or "I am getting old." Others have already sought multiple opinions and treatments without successful results. There is definitely a relationship between the head and neck region and these ailments. Through exceptional patient care, Dr. Tamez can assess these symptoms and get you and your family living healthier, more fulfilled lifestyles. You owe it to your family to choose Tejas Ear, Nose and Throat as



your home for ENT care. Every family needs an Ear, Nose and Throat home.

Some of the Ailments we treat (there are so many more):

- Recurrent Sinus Infections
- Headaches/Head and Neck Pressure/Migraines
- Asthma /Shortness of Breath / Wheezing
- Recurrent Strep Throat/Tonsil Infections
- Recurrent Ear Infections
- Bedwetting after the age of 5
- Nasal Congestion/Obstruction
- Snoring
- Obstructive Sleep Apnea (including difficulty with treatment)
- Insomnia (trouble getting to sleep and waking up frequently)
- Restless Sleep
- Chronic Fatigue/Tiredness
- Hearing Loss/All Aspects of Hearing Rehabilitation and protection
- Speech/Language Delay/ Articulation Issues
- Vertigo/Dizziness
- Tinnitus

**BALLOON SINUPLASTY/SINUS PROCEDURES** is a great tool. Our state of the art facility, technology and equipment allow Dr. Tamez to perform safe and extremely effective procedures in office without the need for general anesthesia. Dr. Tamez has a tremendous wealth of experience having performed thousands of sinus surgeries since he began his ENT surgery training in 1994. If it is determined that surgery is the best option, in the hands of Dr. Tamez, the results are usually dramatic and life changing.



### ALLERGY IMMUNOTHERAPY

Tejas ENT will be offering Allergy Immunotherapy in the form of drops and shots to our patients. Immunotherapy works best when the nose is the clearest possible. Now our patients will have access to all aspects of better breathing and sleep under one roof.



### TEJAS HEARING AID CENTER

provides hearing rehabilitation through hearing aids that are properly selected based on hearing loss and lifestyle. We are unique in the hearing aid market due to the variety of manufacturers we offer in order to provide the appropriate performance for your individual needs. The hearing aid is only one part of the rehabilitation process. Without the proper service and support, most hearing aid users will not be successful.

Hearing rehabilitation is an intricate process; it requires working with an institution that is committed

to finding the best hearing possible for each individual. Most hearing-impaired individuals will notice an improvement with any hearing aid trial; however, the key is having a hearing specialist like **Dr. Jill Mendez**. She uses her education and experience to select the hearing aid that will best fit the individual. She uses state-of-the-art equipment and Real Ear Measurements to assure the fitting is appropriate. After the fitting, Dr. Mendez provides services throughout the process of adapting to and maintaining the best possible hearing.



512-733-8821

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